

## Family Adventure Weekend

### **SAMPLE SCHEDULE**

#### Friday

3:00 – 5:00 **Check-in and get settled**  
6:00 **Supper**

7:00 **Welcome and Introductions**

7:15 **Icebreakers**

8:00 **Gaze at the Universe**

Ever lie down in the grass at night and gaze at the universe? Can you spot Betelgeuse or Orion's Belt or a million other heavenly wonders? This evening we'll do just that and learn about the stars and enjoy the night sky. If we're lucky, we might even see a shooting star.

9:00 Quiet Time – Hit the hay or play games on your own in the activity center.

#### Saturday

8:00 **Breakfast**

9:00-2:00 **Half-Day Backpack Trip**

Okay, this is *slightly* longer than half a day. Head into the wilderness for a taste of what it's like to go on a backpacking trip. We'll visit one of the park's backcountry campsites, practice setting up a tent and filtering our own drinking water. We'll learn how to travel without leaving a trace. We'll even get a chance to cook and sample real backpacking cuisine. It's an easy four miles.

9:00-Noon **Rockin' to the Falls**

Take a nice hike to a spectacular waterfall. Spruce Flats Falls is located 1.1 miles from Tremont along a moderate hiking trail. Along the way we will look for geologic faults, cool rocks, different forest types, and anything else that catches our attention.

9:00-Noon **Wilderness Navigation**

Get ready for fun as you and your family work together to complete the many challenges found on our Orienteering Course. Develop your map reading and compass skills while finding points throughout Walker Valley.

12:30 **Lunch**

1:30 – 3:00 **Survivor!**

3:15 – 4:45 Who needs TV to pretend you're in a survival situation? We don't! After figuring out where we might find food and water in these Appalachian wilds – two important necessities for survival – we'll then try our hand at building primitive shelters for warmth. Survival has never been so fun!  
*This activity begins at 1:30 and again at 3:15.*

- 1:30 – 3:00 **Native American Games**  
3:15 – 4:45 We'll play games that Native Americans in this region played centuries ago and still play today. Learn tribal lore, history, cultural practices and something about the seven clans of the Eastern Band of Cherokees, which includes the Wolf Clan, Wild Potato Clan, and the Long Hair Clan!  
*This activity begins at 1:30 and again at 3:15.*
- 4:30-5:30 **Break – Time to Relax!**  
Go for a walk, play a game in the Activity Center, play some basketball, do a fun craft in the Spruce/Fir Room, or anything else you like.
- 6:00 **Supper**
- 7:15 **Campfire! in the Council House**  
A Tremont campfire is one of the most fun things around. Join us for a rollicking good time as we sing, tell stories, and make some noise. Stay afterwards for some campfire goodies.

## **Sunday**

- 8:00 **Breakfast, Pack Up  
Pack a Sack Lunch**
- 9:00 – 11:00 **Ramble to Panther Falls**  
Looking for an easy, casual walk before getting on the road? Then this is for you. We'll drive to the end of Tremont Road and walk up the Middle Prong Trail for a great view of Panther Falls and some goodbye time with the Great Smokies.
- 9:00-12:00 **Get Wild in the Woods**  
If a hike isn't your fancy this morning, stick around campus for a host of games we'll play in the nearby woods. By the way, these games are for little kids and big kids (adults that's you!). Bring your hiding talents, your wit, and get ready to act wild!
- Rockin' to the Falls**  
In case you missed this hike yesterday, here's your chance! Take a nice hike to spectacular Spruce Flats Falls, located 1.1 miles from Tremont along a moderate hiking trail. Along the way we will look for geologic faults, cool rocks, different forest types, and anything else that catches our attention.
- 12:00 Departure